

2025 Plant Gifts for Community



Environmental
Youth Alliance

Available Native Plants & Growing Needs

We recommend printing this list to work through as you compile your request. Notes on growing needs:

- Soil nutrients:** plants with **high** needs should have compost or fish fertilizer added when planting, and annually
- Moisture & sun requirements:** **O** and **X** reflect preferred, and **o** and **x** reflect tolerable growing conditions
- Sun requirements:** **Sun** = 6+ hrs of direct sun; **Part** = 3-6 hours of direct sun; **Shade** = less than 3 hours of direct sun

Grasses & Herbs

#	Common Name	Latin Name	Spacing (cm)	Container / Raised Bed	Soil Nutrient Needs (low, medium, high)	Soil Moisture			Sun Exposure		
						Dry	Mesic	Wet	Sun	Part	Shade
	Bigleaf Lupine*	<i>Lupinus polyphyllus</i>	40	✓	high	o	o	o	x	x	
	Bunchberry	<i>Cornus canadensis (Nova scotia)</i>	60	✓	medium		o	o	x	x	
	California Yellow Eyed Grass	<i>Sisyrinchium californicum</i>	20-25	✓	low		o	o	x	x	
	Coastal Strawberry	<i>Fragaria chiloensis</i>	60-75	✓	low	o	o		x	x	
	Common Thrift	<i>Armeria maritima</i>	15-30	✓	low	o			x	x	
	Douglas Aster	<i>Aster subspicatus</i>	60	✓	high	o	o	o	x	x	
	Fringecup	<i>Tellima grandiflora</i>	45	✓	high	o	o	o		x	x
	Harebell	<i>Campanula rotundifolia</i>	15-20		medium	o	o	o	x	x	x
	Labrador Tea	<i>Ledum glandulosum (Interior)</i>	90		low	o	o	o	x	x	

	Northern Bedstraw	<i>Galium boreale</i>	30	✓	medium	○	○	○	✗	✗	
	Roemer's Fescue	<i>Festuca roemari</i>	30	✓	medium	○	○		✗	✗	
	Small-flowered Alum Root	<i>Heuchera micrantha</i>	60	✓	low	○	○		✗	✗	✗
	Wooly Sunflower	<i>Eriophyllum lanatum</i>	40		medium	○	○	○	✗	✗	

* These plants have been grown from seed and are available in very limited quantities

Ferns

#	Common Name	Latin Name	Spacing (cm)	Container / Raised Bed	Soil Nutrient Needs	Soil Moisture			Sun Exposure		
						Dry	Mesic	Wet	Sun	Part	Shade
	Cinnamon fern	<i>Osmunda cinnamomea</i>	60	✓	medium	○	○	○	✗	✗	✗
	Sword fern	<i>Polystichum munitum</i>	60	✓	high		○	○		✗	✗

Shrubs

#	Common Name	Latin Name	Spacing (cm)	Container / Raised Bed	Soil Nutrient Needs	Soil Moisture			Sun Exposure		
						Dry	Mesic	Wet	Sun	Part	Shade
	Black Currant	<i>Ribes nigrum</i>	120		high		○	○	✗	✗	
	Clustered Wild Rose	<i>Rosa pisocarpa</i>	120		high		○	○	✗	✗	
	Evergreen Huckleberry	<i>Vaccinium ovatum</i>	60-90		low		○	○	✗	✗	
	Gooseberry	<i>Ribes divaricatum</i>	90		high	○	○	○	✗	✗	
	Oceanspray	<i>Holodiscus discolor</i>	360		medium	○	○	○	✗	✗	
	Rose Spirea	<i>Spiraea douglasii</i>	90		medium	○	○	○	✗	✗	
	Salmonberry	<i>Rubus spectabilis</i>	90		high		○	○	✗	✗	



	Saskatoonberry	<i>Amelanchier alnifolia</i>	300		medium	o	o	o	x	x	
	Salal	<i>Gaultheria shallon</i>	90		medium	o	o	o	x	x	x
	Kinnikinnik	<i>Arctostaphylos uva-ursi</i> <i>(Interior)</i>	90-180	✓	medium	o	o	o	x	x	